SRT&F December 2014

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	30	1	2	3	4	5	6
1	off	1 st day of Indoor Season! Practice 2:45-5:15pm	Practice 2:45-5:15pm	Practice 2:45-5:15pm	Practice 2:45-5:15pm	Practice 2:45-5:15pm	off
		2. 4 3-5.15pm			Team Pictures 11-12 cafe		S A T Io
	7	8	9	10	11	12	S.A.T.'s 13
2	off	Practice 2:45-5:15pm	Bubble Practice 4:00-6:00pm Bus at 3:00pm	Practice 2:45-5:15pm	Practice 2:45-5:15pm	Practice 2:45-5:15pm	Practice TBA
							A.C.T.'s
	14	15	16	17	18	19	20
3	off	Practice 2:45-5:15pm	Practice 2:45-5:15pm	Practice 2:45-5:15pm	Bubble Practice 4:00-6:00pm Bus at 3:00pm	Practice 12-2:00pm Dec. 22 nd Meet competitors only	Practice TBA
					XC Banquet 6:00pm	11:50 dismissal	Winter break
	21	22	23	24	25	26	27
4	OYO	Spiked Shoe Invite @ NYC Armory Bus at 12:45pm	ΟΥΟ	off	off	ΟΥΟ	ΟΥΟ
	Winter break	Winter break	Winter break	Christmas	Winter break	Winter break	Winter break
	28	29	30	31	1	2	3
5	off	Practice 9-11:30am	Bubble Practice (w/TRS) 8:00-10:00am Bus at 7:15am	Practice 9-11:30am	ΟΥΟ	Ocean County Relays @ Bubble Bus at 7:15am	off
	Winter break	Winter break	Winter break	Winter break	New Years Day	Winter break	Winter break
			Coach Baker sba	aker@srsd.net 6	09-970-1940		

SRT&F January 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 off	29 Practice 9-11:30am	30 Bubble Practice (w/TRS) 8:00-10:00am Bus at 7:15am	31 Practice 9-11:30am	1 OYO	2 Ocean County Relays @ Bubble Bus at 7:15am	3 off
Winter break	Winter break	Winter break	New Year's Day	Winter break	Winter break	Winter break
off	5 Practice 2:45-5:15pm	6 Practice 2:45-5:15pm	7 Ocean County Champs @ Bubble Bus at 4:00pm	8 Practice 2:45-5:15pm	9 Practice 2:45-5:15pm	10 Practice TBA
	12	13	14	15	16	17
off	Practice 2:45 – 5:15pm	Practice 2:45-5:15pm	Practice 2:45-5:15pm	Practice 2:45-5:15pm	NJSIAA Group IV relays Bus at 1:30pm	off
18 of	19 OYO <i>MLK day</i>	20 Colts Neck & Friends Bus at 1:30pm -or- Practice 2:45-5:15pm	21 Practice 2:45-5:15pm	22 Practice 2:45-5:15pm	23 Shore Conference Championships @ Bubble Bus at 1:30pm	24 off S.A.T.'s
25 off	26 Practice 2:45-5:15pm <i>English/Elec</i> Q	27 Practice 2:45-5:15pm <i>Lang / Social Studies</i> Q	28 Practice 2:45-5:15pm <i>Math / PE Q</i>	29 Practice 2:45-5:15pm Science / Make-up Q	30 NJSIAA SJ4 Sectional Championships @ Bubble Bus at TBD	31 off
	28 off <u>Winter break</u> 4 off <u>Winter break</u> 11 off 18 of 25	28 29 off Practice 9-11:30am Winter break Winter break 4 5 off Practice 2:45-5:15pm Winter break 11 0ff Practice 2:45-5:15pm 0ff Practice 2:45 - 5:15pm off Practice 2:45 - 5:15pm off OYO 18 19 of OYO MLK day 25 off Practice 2:45-5:15pm	282930offPractice 9-11:30amBubble Practice (wTRS) 8:00-10:00am Bus at 7:15amWinter breakWinter breakWinter break456offPractice 2:45-5:15pmPractice 2:45-5:15pmWinter break111213offPractice 2:45 - 5:15pmPractice 2:45 - 5:15pm0ff181920offOYOPractice 2:45 - 5:15pm181920offOYOOYO181920coftOYOPractice 2:45 - 5:15pm252627offPractice 2:45 - 5:15pm27offPractice 2:45 - 5:15pm27offPractice 2:45 - 5:15pmPractice 2:45 - 5:15pm252627offPractice 2:45 - 5:15pmPractice 2:45 - 5:15pm2627DiffoffPractice 2:45 - 5:15pmPractice 2:45 - 5:15pm27OffPractice 2:45 - 5:15pmLang / Social Studies Q	28293031offPractice 9-11:30amBubble Practice (w/TRS) 8:00-10:00am Bus at 7:15amPractice 9-11:30amWinter breakWinter breakWinter breakNew Year's Day4567offPractice 2:45-5:15pmPractice 2:45-5:15pmOcean County Champs @ Bubble Bus at 4:00pmWinter break11121314offPractice 2:45-5:15pmPractice 2:45-5:15pmPractice 2:45-5:15pmPractice 2:45-5:15pm0ffPractice 2:45-5:15pm20210ffOYO MLK dayOr 2:45-5:15pmPractice 2:45-5:15pm2125262728offPractice 2:45-5:15pmPractice 2:45-5:15pmPractice 2:45-5:15pm25262728offPractice 2:45-5:15pmPractice 2:45-5:15pmPractice 2:45-5:15pm0ffPractice 2:45-5:15pmPractice 2:45-5:15pmPractice 2:45-5:15pm262728offPractice 2:45-5:15pmPractice 2:45-5:15pmPractice 2:45-5:15pm6Practice 2:45-5:15pmPractice 2:45-5:15pmPractice 2:45-5:15pm	282930311offPractice 9-11:30amBubble Practice (WTRS) 8:00-10:00am Bus at 7:15amPractice 9-11:30amOYOWinter breakWinter breakWinter breakNew Year's DayWinter break45678offPractice 2:45-5:15pmPractice 2:45-5:15pmPractice Bubble Bus at 4:00pmPractice 2:45-5:15pmWinter break1112131415offPractice 2:45-5:15pmPractice 2:45-5:15pmPractice Bubble Bus at 4:00pmPractice 2:45-5:15pm0ffPractice 2:45-5:15pmPractice 2:45-5:15pmPractice 2:45-5:15pmPractice 2:45-5:15pm1819002021220fOYO202122212526272829offPractice 2:45-5:15pm272829offPractice 2:45-5:15pm272829offPractice 2:45-5:15pmPractice 2:45-5:15pmPractice 2:45-5:15pmPractice 2:45-5:15pm2526272829offPractice 2:45-5:15pmPractice 2:45-5:15pmPractice 2:45-5:15pm0ffPractice 2:45-5:15pmPractice 2:45-5:15pmPractice 2:45-5:15pm0ffPractice 2:45-5:15pmPractice 2:45-5:15pmPractice 2:45-5:15pm0ffPractice 2:45-5:15pmPractice 2:45-5:15pmPractice 	28 29 30 31 1 2 off Practice 9-11:30am Bubble Practice (wrrs) 9-11:30am Practice 9-11:30am OYO Ocean County Relays @ Bubble Bus at 7:15am Winter break Winter break Winter break New Year's Day Winter break Winter break 4 5 6 7 8 9 off Practice 2:45-5:15pm Practice 2:45-5:15pm Practice 2:45-5:15pm Practice 2:45-5:15pm Practice 2:45-5:15pm Practice 2:45-5:15pm 0ff Practice 2:45-5:15pm Practice 2:45-5:15pm Practice 2:45-5:15pm Practice 2:45-5:15pm Practice 2:45-5:15pm 18 19 20 21 22 23 off OYO Colts Neck & Friends Bus at 1:30pm Practice 2:45-5:15pm Practice 2:45-5:15pm Practice 2:45-5:15pm 25 26 27 28 29 30 off Practice 2:45-5:15pm Practice 2:45-5:15pm Practice 2:45-5:15pm Practice 2:45-5:15pm Practice 2:45-5:15pm 0ff Practice 2:45-5:15pm 27 28 29 30 0ff Practice 2:45-5:15pm

SRT&F February 2015

1 OYO 8 off	2 Varsity Classic @ NYC Armory Bus at 12:45pm 9	3 Practice 2:45-5:15pm 10	4 Practice 2:45-5:15pm 11	5 Bubble Practice 4:00-6:00pm Bus at 3:00pm	6 Practice 2:45-5:15pm	7 off
-	9	10	11			
	Practice 2:45-5:15pm	Bubble Practice 6:00-8:00pm Bus at 5:00pm	STCA Last Chance @ Bubble Bus at TBD	12 Practice 2:45-5:15pm	13 Practice 2:45-5:15pm	14 NJSIAA Group IV Championships @ Bubble <i>3:00pm</i> Bus 1:00pm
15 off	16 OYO Presidents Day	17 Bubble Practice 4:00-6:00pm Bus at 3:00pm	18 Practice 2:45-5:15pm	19 Practice 2:45-5:15pm	20 Practice 2:45-5:15pm	21 Meet of Champions @ Bubble Bus at TBA
22 off	23 Practice TBA	24 Practice TBA	25 Practice TBA	26 Bubble Practice 4:00-6:00pm Bus at 3:00pm	27 Practice TBA	28 OYO
1 off	2 1st day of Outdoor season! Practice 2:45-5:15pm	3 Practice 2:45-5:15pm	4 Practice 2:45-5:15pm	5 Practice 2:45-5:15pm	6 Practice 2:45-5:15pm	7 Practice 9-11:30am
	off 22 off 1	off OYO Presidents Day 22 23 off Practice TBA 2 off 1 2 1 2 1 st day of Outdoor season! Practice Practice	offOYOBubble Practice 4:00-6:00pm Bus at 3:00pm222324offPractice TBAPractice TBA123off1** day of Outdoor season! Practice 2:45-5:15pmPractice 2:45-5:15pm	offOYOBubble Practice 4:00-6:00pm Bus at 3:00pmPractice 2:45-5:15pm22232425offPractice TBAPractice TBAPractice TBAoff1234off1st day of Outdoor season! Practice 2:45-5:15pmPractice 2:45-5:15pmPractice 2:45-5:15pm	offOYOBubble Practice 4:00-6:00pm Bus at 3:00pmPractice 2:45-5:15pmPractice 2:45-5:15pm2223242526offPractice TBAPractice TBAPractice 4:00-6:00pm Bus at 3:00pmBubble Practice 4:00-6:00pm Bus at 3:00pmoff1** day of Outdoor season! Practice 2:45-5:15pmPractice 2:45-5:15pmPractice 2:45-5:15pm	offOYOBubble Practice 4:00-6:00pm Bus at 3:00pmPractice 2:45-5:15pmPractice 2:45-5:15pmPractice 2:45-5:15pmPractice 2:45-5:15pm222324252627offPractice TBAPractice TBAPractice TBAPractice TBAPractice TBAPractice TBAoff1* day of Outdoor Practice 2:45-5:15pmPractice TBAPractice Practice TBAPractice Practice TBAPractice Practice TBAPractice Practice Practice TBAPractice Practice Practice 2:45-5:15pmPractice Practice Practice 2:45-5:15pmPractice Practice Practice 2:45-5:15pmPractice Practice Practice 2:45-5:15pmPractice Practice Practice Practice 2:45-5:15pmPractice Practice Practice Practice Practice Practice Practice PracticePractice Practice Practice Practice Practice Practice Practice Practice Practice PracticePractice Practice Practice Practice Practice PracticePractice Practice Practice Practice PracticePractice Practice Practice Practice Practice Practice PracticePractice Practice Practice Practice Practice PracticePractice Practice Practice Practice Practice PracticePractice Practice Practice Practice Practice PracticePractice Practice Practice PracticePractice Practice Practice PracticePractice Practice Practice PracticePractice Practice Practice PracticePractice Practice Practice